GIRLS ON THE RUN
Spring 2024 PROGRAM REGISTRATION

Season Dates: February 19 - May 11, 2024
Spring 5K: May 11, 2024

Inspiring girls to become more
JOYFUL, HEALTHY & CONFIDENT.

Girls on the Run is the nation's leader in girl programing that focuses on the whole girl: mind, body, spirit. Register your girl for a season of learning important skills, setting and achieving goals and starting healthy habits for life.

At Girls on the Run, we focus on the important things. We focus on more than running. This is not a running club. ***We focus on unleashing confidence and kindness in ALL girls***.

Registration is open - January 29 through February 7, 2024
through the Girls on the Run website: www.gotrcincinnati.org
or directly at this link: https://www.pinwheel.us/register/index/GOTRGC-S24-program

Through our program, 3rd-5th OR 6th-8th grade girls work together as a team to explore valuable lessons such as:

⭐ Standing up for themselves and others

⚡ Being a standbyer instead of a bystander

🖤 Practicing empathy, inclusion, and acceptance

By signing her up for our program, you are giving her the opportunity to safely connect with other girls in our community in an inclusive and empowering space.

TEAM SPECIFICS
Meeting Location:

Grades:

Days:

Times:

First Practice:

Head Coach Name:

Head Coach Email Address:

Due to the nature of the GOTR program, teams can only accept 16 girls.

Registration will be open Monday, January 29 at 10:00 AM through Wednesday, February 7 at 11:59 PM. If more than 16 girls apply, a random lottery* will be conducted on February 9. If less than 16 girls apply, all girls' registrations will be processed on February 9 and credit cards will be charged.

Please follow the steps below to register into the online lottery. A maximum of 16 girls will be accepted into the program. Girls must be able to attend both lessons each week.

*Registration is **not** conducted on a first come, first-served basis.

LOTTERY REGISTRATION PROCEDURE

From Monday, 1/29 at 10:00 AM through Wednesday, 2/7 at 11:59 PM, please follow the steps to register:

1. Go to: www.gotrcincinnati.org and click on "Register"
2. Choose the appropriate program location (i.e. your school, community center, etc.)
3. Enter the appropriate information. You will need the following information to register online:
   - Girl's information, including t-shirt size and estimated shoe size
   - Parent/Guardian contact information
   - Health information
4. Please enter your payment information online using the following scale (payment plans are available for fees $40 and up):

Family Income:	Registration Fee:
Less than $24,999	$10.00
$25,000 - 34,999	$40.00
$35,000 - 49,999	$90.00
$50,000 - 74,999	$140.00
$75,000 and up	$175.00

We accept credit or debit cards. You will only be charged if your participant is accepted on the team via the lottery on February 9. If you CANNOT pay your fee according to this scale, you can complete an online financial aid application (using the embedded link in the online registration form). The GOTR office will contact you before the start of the season to finalize your financial assistance terms.

WHAT YOUR GOTR FEE COVERS:

- 20 uplifting lessons • Shoes from Fleet Feet Sports
- Healthy snacks at every in-person lesson • End-of-Season 5K Celebration
- GOTR t-shirt, finisher's medal, and more • SO MUCH FUN!